

EVEREST BASE CAMP SPRING 2019
ITINERARY

| MONTH | DATE | DAY # | ITINERARY | |
|-------|-----------|----------------|---|---------------------|
| APRIL | 8, MON | 1 | FLY OUT OF BOSTON | |
| | 9, TUES | 2 | FLYING | |
| | 10, WED | 3 | ARRIVE KTM | |
| | 11, THURS | 4 | REST DAY | |
| | 12, FRI. | 5 | FLY TO LUKLA & HIKE TO PHAKDING | |
| | 13, SAT | 6 | HIKE TO NAMCHE BAZAAR | |
| | 14, SUN | 7 | REST DAY | |
| | 15, MON | 8 | THANGBOCHE, CAMPING | |
| | 16, TUES | 9 | DINGBOCHE, CAMPING | |
| | 17, WED | 10 | REST DAY | |
| | 18, THURS | 11 | CHUKUNG, CAMPING | |
| | 19, FRI | 12 | HIGH CAMP ON KONGMAHA LA PASS | |
| | 20, SAT | 13 | DINGBOCHE | |
| | 21, SUN | 14 | REST DAY? | |
| | 22, MON | 15 | LOBOCHE | |
| | 23, TUES | 16 | GORAK SHEP | |
| | 24, WED | 17 | GORAK SHEP/ KALIPATHAR OR EVEREST BASE CAMP | |
| | 25, THURS | 18 | GORAK SHEP/ KALIPATHAR OR EVEREST BASE CAMP | |
| | 26, FRI | 19 | RUSSELL CAMP | |
| | 27, SAT | 20 | PHERICHE | |
| | 28, SUN | 21 | HIDDEN VALLEY | |
| | 29, MON | 22 | CAMP ON THE HILL | |
| | 30, TUES | 23 | KHUMJU | |
| | MAY | 1, WED | 24 | NAMCHE |
| | | 2, THURS. | 25 | REST DAY |
| | | 3, FRI | 26 | PHAKDING |
| | | 4, SAT | 27 | LUKLA |
| | | 5, SUN | 28 | FLY TO KTM |
| | | 6, MON | 29 | REST DAY |
| | | 7, TUES | 30 | FLY FROM KTM |
| | 8, WED | 31 | ARRIVE IN BOSTON | |